

## Conference 2009

John Lonergan then delivered the keynote address. He said that we must create positivity by nurturing. He said it was amazing how things could change in twelve months. If anybody had said this would happen twelve months ago, nobody would have believed it. This idea of recession would have been laughed at by our parents, we have gotten used to things that to them would have been unimaginable. And just as we were getting set to enjoy them the cycle turned and now we need to encourage people how to work and make a living and while it is going to be a challenging time there are always other opportunities. He likened this to playing cards and we must always play the hand dealt to us. Accept the person warts and all.

He went on to say we must look for the potential in other human beings and sometimes this potential will come out by chance and the great satisfaction you can get by finding this potential and nurturing it. We must operate as a family, where everyone is equally important, we are there to serve and work with what we get. We must try to get the best out of people. Life is a great educator and the longer we live the more we realise how little we know. Those who know it all and dismiss others are sad. We must never judge others but must struggle to judge ourselves.

If we are healthy we should be happy and he quoted a Chinese saying of what we need to be happy:

1. Something in life to work for
2. Something to dream for
3. To have somebody to love.

He said that the most primary cry of the human being is to be loved.

He concluded his address with the saying: I alone must do it but I cannot so it alone.